# JOIN A FITNESS GROUP

Keep your body moving this winter and join one of the many local gyms that offer fitness classes! The Sonora Centre **(8505 68 Ave)**, the Senior's Centre (17 Park Pl), Needs Gym **(7802 85 St)**, Vengeance Fitness **(8404 97th St.)** and Three60 Fitness **(8313 Main St)** offer a variety of classes designed to keep you flexible, moving and in shape

Jamie Fiddes Wellness & Massage Therapy (8313 Main St.) is a boutique style offering personal training, massage therapy, personal training, and nutrition

#### **ENTERTAINMENT**

Karaoke - There are a number of venues that allow you to be the star of the show. Both The Sage Pub (6403 Cottonwood Dr) and Owl Pub (7603 Spartan Dr) will be having their karaoke on Thursday nights onwards of 9 PM.
Taco & Trivia Night @ The Sage with 60 Watt Trivia - Every Tuesday @ 7:00 PM

#### ARCHERY

Osoyoos Traditional Archery School is offering beginners classes designed for you and all your friends. Learn under a senior coach with all equipment provided. Meeting times tba. **3818** Lakeshore Drive - (250) 485-7663

#### BINGO

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The Elks Lodge **(8506-92 Ave.)** Thursdays, Doors open at 5 PM and Bingo at 7 PM. The Royal Canadian Legion **(8310-78 Ave.,)** Tuesdays & Sundays, Card sales at 2:30 PM and Bingo at 3 PM

# WINE TOURING

Enjoy the numerous wineries found in and around Osoyoos during the most magical time of year! Grab a winery passport map and winter winery list from the Osoyoos Visitor Centre and spend the day enjoying the reds, whites, and rosés. 9912 BC-3 - (250) 495-5070

Wine not your thing?! We also have a craft brewery, a cidery and a distillery, all located in Osoyoos!

#### District Wine Village

Don't miss the must see South Okanagan destination, offering Artisan crafts, wine, beer and food all in one stunning location. 100 Enterprise Way, Oliver

### **BALDY MOUNTAIN RESORT**

Grab your downhill skis, snowboard, cross country skis or snow shoes for a great time exploring Baldy's trail network!



Baldy Mountain Resort is located a 1 hour drive from Osoyoos. This small family mountain boasts fresh powder, gorgeous views, and fair prices. Find out more **baldyresort.com - (250) 498-4086** 

#### Visit DestinationOsoyoos.com for more information

# **BIRD WATCHING**

Swiws (Haynes Point) Provincial Park and its Wetland trail offer a perfect vantage point for birding. The **Oxbows** north of Osoyoos on **Road 22** also offer fantastic opportunities to view wildlife.

# BOWLING

Whether its casual or league play you're after, you may be tempted to start another set at Kobau lanes, contact them for bookings. **8404 97th St -** (250) 495-6112

### **SHOP & EAT LOCAL**

Enjoy the local shops in town to find unique gifts and dine at a number of local cafes and restaurants offering a variety of cuisines - pop by the Osoyoos Visitor Centre for a list of restaurants.

### TAKE IN A FILM OR PLAY

Be sure to check out the wonderfully historic movie theatre in Oliver (**6387 Main St, Oliver**), the many events happening at the Frank Venables Theatre (**6100 Gala St, Oliver**), and the events happening at our own Community Theatre at Osoyoos Secondary School (**5800 115 St, Osoyoos**).

### **PICKLE BALL**

Pickle Ball has taken the town by storm! There are matches being held for everyone, no matter your skill level. Whether you are a beginner or at the most advanced level of play, head on down to the Sonora Centre to check out their current schedule. **8505 68 Ave -(250) 495-6562** Outdoor courts: **6001 115 St** 

### WALKING THE TRAILS

Enjoy some fresh air and take a stroll along one of our spectacular trails. Some local favorites include the Oxbows (5km), the Irrigation Canal walkway (4.3km), Lakeshore Dr (6km), Pioneer Walkway (3km), Swiws (formerly Haynes Point) Provincial Park (2km), and the International Hike and Bike trail (18.4km one-way).

# SPAS

Relax at one of our beautiful spas - Levia Wellness Spa **(#232, 15 Park Place)** and Solterra Desert Spa **(1200 Rancher Creek Road**)

# **GROUPS & CLUBS**

#### **Osoyoos Senior Centre**

Join others for crib and bridge games, line dancing, exercise classes, bingo, Tai Chi, crafts and more! **17 Park Pl - (250) 495-6921** 

International Curling Club /Sunbowl Arena 9301 Hummingbird Lane / 250.495.7919 recreation@osoyoos.ca

#### Sonora Centre

Featuring a variety of classes and a a weight room and sports (including pickleball, basketball and carpet bowling.) **8505 68 Ave - (250) 495-6562** 

Osoyoos Elks Hall Bingo, live music, and performing arts events 8506 92 Ave - (250) 495-6416

#### **Osoyoos Legion**

The Osoyoos Legion Branch #173 hosts community events such as Bingo, Meat Draws, and Fish & Chip nights. 8310 78 Ave - (250) 495-7447

#### NATURALISTS CLUB GROUP HIKING

Snowbirds and Visitors Welcome! We are a group of like-minded citizens who gather to hike, bird watch, and support environmental projects. Contact: Carol Boan 250-495-6107 oliverosoyoosnaturalists.com

#### NOTABLE WINTER EVENTS:

#### Winter in Wine Country

Celebrate Winter in Wine Country as many of the local Oliver and Osoyoos wineries open for holiday shopping, light ups, winery tours, and wine and food tastings.

> All Hallow's Festival October 28th & 29th

South Okanagan Fire & Ice Festival November 24th - December 3th

**Christmas Lite Up** - December 1st & 2nd The 34rd annual Christmas Lite Up in Osoyoos! Activities include merchant open houses, Christmas caroling, and more!

#### **Osoyoos Visitor Centre**

Stop in to pick up maps, get community information, learn about events happening in the area, and see what's new in the store. (250) 495-5070

Osoyoos Visitor Centre 9912 BC - 3 | Corner of Hwy 3 & 97 destinationosoyoos.com



### **CULTURE AND MUSEUMS**

**The Nk'Mip Desert Cultural Centre** is dedicated to sharing the historical and cultural significance of the Osoyoos Indian Band and the desert landscape.

1000 Rancher Creek Rd

**The Osoyoos Museum** is the perfect place to understand just how Osoyoos came to be! One can see many relics from pioneers that settled here and much more. **8702 Main St** 

**Okanagan Art Gallery** is a small and earnest business run by over two dozen south Okanagan artists, so you're likely to run into an artist or two during your visit. **8302 Main St** 

The ART Gallery Osoyoos offers original art produced by artists and artisans. The gallery features guest artists throughout the year.
8713 Main St

Provided by:

